



HASTINGS
OPPORTUNITY
AREA



Supporting mental health and wellbeing

RSHE Teaching Tips – Where to Start

resources for schools created by Boingboing (CIC) in
partnership with Hastings Opportunity Area

Introduction

As part of our training and support package for schools our partners Boingboing have created a selection of videos to introduce important aspects of the new statutory RSHE/PHSE.

Contact Gabrielle Rowles at gabrielle@boingboing.org.uk to find out more.

Introduction to statutory RSHE (PSHE)

The first part of 2 parts this Boingboing Resilience training video introduces important aspects of the new statutory RHSE / PHSE. It provides a good starting point for thinking about RSHE in particular the mental health and relationships aspects of the curriculum. You can use this for an overview before watching more detailed videos about teaching RSHE in your school. Boingboing is a research and practice organisation which uses insights from the resilience research evidence base and our practical experience in schools and colleges across the country. This informs all our practice and training ideas. This training is delivered on the behalf of Hastings Opportunity Area. Title music by bensound.com.

<https://youtu.be/Sh9KAh693VE>

video length 12 min 27 sec



Aims and content of the RHE curriculum

The second part of this 2-part Boingboing Resilience training video continues to look at RHSE / PHSE sessions in schools with a focus on mental health and relationships as well as enhancing teaching practice. This video explores the aims of the new curriculum and why it is so important for pupils especially at this time. Boingboing is a research and practice organisation which uses insights from the resilience research evidence base and our practical experience in schools and colleges across the country. This informs all our practice and training ideas. This training is delivered on the behalf of Hastings Opportunity Area. Title music by bensound.com.

https://youtu.be/juCA5_lcvVk

video length 10 min 54 sec



Using assessment in RSHE (PSHE) teaching

The final video provides further top tips as you introduce the new RSHE curriculum into your school. The training video introduces important aspects of the new statutory RHSE / PHSE linked to Assessment. This includes: The importance of assessing RSHE, how can we assess progress linked to values and attitudes and sign posting to other useful links and resources for support.

https://youtu.be/oliLD_ukyrg

video length 11 min 40 sec



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